

OFFICE OF THE CHANCELLOR

December 20, 2013

Dear USM Colleagues:

As we approach a new year, I am pleased to inform you that you and the members of your household will have access to an impressive array of new services.

On January 1, 2014, Inova—a leading, not-for-profit entity with more than a quarter-century of experience in employee assistance program (EAP) administration—will begin providing EAP services across the USM. All regular full-time employees, certain other employees at our institutions, as well as members of their immediate households, can access these services through Inova (with the exception of the University of Maryland, College Park, where the institution already provides employees with their own full-service EAP and the University of Maryland, Baltimore, which offers counseling services through the practice plan in the School of Medicine).

The range of services that will become available under Inova Employee Assistance (IEA) is significant. IEA will offer a wide variety of "work/life" services through both phone-based and web-based resources. They can provide childcare referrals, financial consultation, and legal consultation with in-network attorneys and discounted referrals. If you are victimized by identity theft, they can provide you with a comprehensive "recovery" packet at no charge. IEA can be a valuable asset when dealing with eldercare issues, by helping you to identify assisted living centers, nursing homes, home health assistance, and other resources. Adoption services, health and wellness advice and information, and even pet care referrals are all aspects of the IEA portfolio of services.

Of course, IEA also offers the elements of a "traditional" EAP. Trained, licensed professionals will be available to provide personal, face-to-face counseling to address problems of stress, grief, depression, addiction, and any other emotional issues that may affect you and members of your family. Personal and family problems can make life difficult, affecting your ability to concentrate on the job. At such times, having someone who listens, is concerned, and has the ability to offer expert professional help can make an enormous difference. Inova Employee Assistance will provide that support.

IEA's services are private and confidential, with no need for a referral from the institution. In addition, there is no premium, co-payment, or other cost to employees for any of IEA's services.

1807 University of Maryland, Baltimore

1856 University of Maryland, College Park

1865 Bowie State University

1866 **Towson University** 

1886 University of Maryland Eastern Shore

1898 Frostburg State University

1900 Coppin State University

1925 Salisbury University

1925 University of Baltimore

1925 University of Maryland Center for Environmental Science

1947 University of Maryland University College

1966 University of Maryland, Baltimore County When the USM reopens in 2014 after the holidays, your institution's Human Resources office will be following up with additional information. They will provide you with all the contact information you need to get in touch with Inova, access its webpage, schedule an appointment, and answer any other questions you may have. I hope you will take advantage of the services made available through this new benefit for members of the USM "family."

Best wishes to each and every one of you for the holidays and for a successful and rewarding 2014.

Sincerely vours,

William E. Kirwan Chancellor