

State of Maryland
- Institutions of Higher Education
Optional Retirement Plan (ORP)
Plan No. 65575

Start investing in yourself today, with help from the State of Maryland - Institutions of Higher Education Optional Retirement Plan (ORP) and Fidelity.



Enrolling in your State of Maryland Optional Retirement Plan

Follow the steps on the next page regarding how to enroll.

The following material will provide you with more information about your Plan. For additional information, you may also log on to Fidelity NetBenefits® at https://www.mysavingsawork.com/atwork/umd.htm or call Fidelity at 1-800-343-0860, Monday - Friday, 8:00 a.m. - Midnight, ET.

Benefit from:

Employer contributions. The State of Maryland's contributions are an important part of your overall retirement savings. You are eligible to receive Employer contributions based on your position, which you decide how best to invest for your future goals. Please note that employer contributions are subject to your plan provisions.

Tax-deferred savings opportunities. You pay no taxes on any earnings until you withdraw them from your account, enabling you to keep more of your money working for you now.

Investment options. You have the flexibility to select from investment options that range from more conservative to more aggressive, making it easy for you to develop a well-diversified investment portfolio.

Portability. You can roll over eligible savings from a previous employer into a personal account. You can also take your plan vested account balance with you if you leave your employer.

To learn more about what your plan offers, see "Frequently asked questions about your plan" later in this guide.

Frequently asked questions about your plan.

Here are answers to questions you may have about the key features, benefits, and rules of your plan.

How do I enroll in the Plan?

- The first step will be selecting a vendor. Upon selecting the State of Maryland Optional Retirement Plan (ORP), please contact your institution's Benefits Office to complete the required paperwork to select your vendor of choice. Once you have completed the paperwork making your vendor selection, if you have selected Fidelity Investments, the Benefits Office will notify Fidelity to set up your account.
- Once your account has been established and you can see your employer contribution to Fidelity on your first paycheck, use the Fidelity website to access your account and set up your personal identification number (PIN). Simply log on to

https://www.mysavingsawork.com/atwork/umd.h tm, which will direct you to Fidelity NetBenefits® or you can call the Fidelity Retirement Representatives at 1-800-343-0860. When you first contact Fidelity, you will need to set up a personal identification number (PIN). If you are already a Fidelity customer, then you may use your existing PIN. And then you'll be able to make your investment elections.

• The next step is to review your plan's investment options, see how they align with your investment approach, and make your investment elections. Your State of Maryland Optional Retirement Plan offers a variety of investment options.

How do I designate my Beneficiary?

Simply complete the enclosed Beneficiary Designation Form and return it to Fidelity Investments in the postage paid envelope. Please make two copies of the form; one is for your records and the other should be forwarded to your institution's Benefits Office.

Does the Employer contribute to my account?

The State of Maryland provides employer contributions into the Optional Retirement Plan. Please contact your Human Resources department for more details.

What are my investment options?

To help you meet your investment goals, the Plan offers you a range of options. You can select a mix of investment options that best suits your goals, time horizon, and risk tolerance. The variety of investment options available through the Plan include conservative, moderately conservative, and aggressive funds. A complete description of the Plan's investment options and their performance, as well as planning tools to help you choose an appropriate mix, are available online at Fidelity NetBenefits®.

The Plan also offers the lifecycle funds, which we call the Fidelity Freedom Funds® that offer a blend of stocks, bonds and short-term investments within a single fund. Each Freedom Fund's asset allocation is based on the number of years until the fund's target retirement date. The Freedom Funds are designed for investors who want a simple approach to investing for retirement.

If you do not actively choose an investment option(s), your contributions will automatically be defaulted to a Fidelity Freedom Fund that most closely matches your expected retirement date based on your date of birth and assuming a retirement age of 65 as directed by the Plan Sponsor. However, we encourage you to take an active role in the Plan and choose investment options that are appropriate for you. Please refer to the chart in the Investment Options section for more detail. If no date of birth or an invalid date of birth is on file at Fidelity, your contributions may be invested in the Fidelity Freedom Income Fund®. For more information about the Fidelity Freedom Fund options, log into www.fidelity.com/atwork/.

When am I vested?

At the time of enrollment, you are 100% vested in the Employer contributions to the State of Maryland Optional Retirement Plan.

Can I make withdrawals from my account?

Withdrawals from the Plan are generally

permitted when you terminate your employment, retire, or become permanently disabled, as defined by your Plan. Keep in mind that withdrawals are subject to income taxes and possibly to early withdrawal penalties.

The taxable portion of your withdrawal that is eligible for rollover into an individual retirement account (IRA) or another employer's retirement plan is subject to 20% mandatory federal income tax withholding, unless it is rolled directly over to an IRA or another employer plan. (You may owe more or less when you file your income taxes.) If you are under age 591/2, the taxable portion of your withdrawal is also subject to a 10% early withdrawal penalty, unless you qualify for an exception to this rule. To learn more about and/or to request a withdrawal, log on to Fidelity NetBenefits® at www.fidelity.com/atwork or call the Retirement Service Representatives at 1-800-343-0860. The plan document and current tax laws and regulations will govern in case of a discrepancy. Be sure you understand the tax consequences and your plan's rules for distributions before you initiate a distribution. You may want to consult your tax adviser about your situation.

Can I move money from another retirement plan into my personal account?

You are permitted to roll over eligible pretax contributions from another 401(k) plan, 401(a) plan, or a governmental 457(b) retirement plan account or eligible pretax contributions from conduit Individual Retirement Accounts (rollover IRAs) and certain non-conduit individual retirement accounts (traditional IRAs, Simplified Employee Pension plans, and "SIMPLE" IRA distributions made more than two years from the date you first participated in the SIMPLE IRA). A conduit IRA is one that contains only money rolled over from an employer-sponsored retirement plan that has not been mixed with regular IRA contributions. Contact your Fidelity Representative for details.

How do I access my account?

You can access your account online through Fidelity NetBenefits® at www.fidelity.com/atwork or call the Retirement Service Representatives at 1-800-343-0860 to speak with a representative or use the automated voice response system, virtually 24 hours, 7 days a week.

How do I obtain additional investment option and account information?

Your Employer has appointed Fidelity to provide

additional information on the investment options available through the Plan. Also, a statement of your account may be requested by phone at 1-800-343-0860 or reviewed online at Fidelity NetBenefits[®].

Investment Options

The following is a list of investment options for the State of Maryland - Institutions of Higher Education Optional Retirement Plan (ORP), organized by category. For up-to-date performance information and other fund specifics, go to www.fidelity.com/atwork.

Level One: Lifecyle Funds

Lifecyle F	unds
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Categories to the left have potentially more inflation risk and less investment risk

Categories to the right have potentially less inflation risk and more investment risk

Target Date 2000-2014	Target Date 2015-2029	Target Date 2030+
Fidelity Freedom Income Fund® Fidelity Freedom 2000 Fund® Fidelity Freedom 2005 Fund® Fidelity Freedom 2010 Fund®	Fidelity Freedom 2015 Fund® Fidelity Freedom 2020 Fund® Fidelity Freedom 2025 Fund®	Fidelity Freedom 2030 Fund® Fidelity Freedom 2035 Fund® Fidelity Freedom 2040 Fund® Fidelity Freedom 2050 Fund®

The lifecycle investment options are represented on a separate spectrum because each investment option (except the income fund, if applicable) will gradually adjust its asset allocation to be more conservative as the investment option approaches and moves beyond its target retirement dates. Generally, those investment options with later target retirement dates have greater equity exposure and more risk than those with earlier target retirement dates.

The chart below illustrates the plan-assigned fund the State of Maryland - Institutions of Higher Education Optional Retirement Plan (ORP) believes will best fit your diversification needs should you not select an investment option.

If your birth date is between*	Fund Name	
January 1, 1900 - December 31, 1932	Fidelity Freedom Income Fund®	
January 1, 1933 - December 31, 1937	Fidelity Freedom 2000 Fund®	
January 1, 1938 - December 31, 1942	Fidelity Freedom 2005 Fund®	
January 1, 1943 - December 31, 1947	Fidelity Freedom 2010 Fund®	
January 1, 1948 - December 31, 1952	Fidelity Freedom 2015 Fund®	
January 1, 1953 - December 31, 1957	Fidelity Freedom 2020 Fund®	
January 1, 1958 - December 31, 1962	Fidelity Freedom 2025 Fund®	
January 1, 1963 - December 31, 1967	Fidelity Freedom 2030 Fund®	
January 1, 1968 - December 31, 1972	Fidelity Freedom 2035 Fund®	
January 1, 1973 - December 31, 1977	Fidelity Freedom 2040 Fund®	
January 1, 1978 - December 31, 1982	Fidelity Freedom 2045 Fund®	
January 1, 1983 - and later	Fidelity Freedom 2050 Fund®	

^{*}Dates selected by plan sponsor

Level Two: Core Investment Options

CONSERVATIVE	AGGRESSIVE
Categories to the left have potentially more inflation risk and less investment risk	Categories to the right have potentially le inflation risk and more investment ri

SHORT TERM INVESTMENTS	BONDS	STOCKS AND BONDS	STOCKS			
Money Market	Bond	Balanced/ Hybrid		Domestic Equity		International/ Global Equity
Fidelity Cash	Fidelity U.S. Bond	Fidelity Balanced	Large Value	Large Blend	Large Growth	Fidelity Diversified
Reserves	Index Fund	Fund	Fidelity Equity-	Neuberger Berman	Fidelity Contrafund®	International Fund
			Income Fund	Socially Responsive Fund Investor Class	Fidelity Blue Chip Growth Fund	Mutual Global Discovery Fund Class
				Spartan® U.S. Equity Index Fund Investor	Mid Growth	Z
				Class	Fidelity Mid-Cap	
				Small Blend	Stock Fund	
				Fidelity Small Cap Stock Fund		

This spectrum, with the exception of the Domestic Equity category, is based on Fidelity's analysis of the characteristics of the general investment categories of the investment options and not on the actual security holdings, which can change frequently. Investment options in the Domestic Equity category are based on the options' Morningstar categories as of 05/31/2009. Morningstar categories are based on a fund's style as measured by its underlying portfolio holdings over the past three years and may change at any time. These style calculations do not represent the investment options' objectives and do not predict the investment options' future styles. Investment options are listed in alphabetical order within each investment category. Risk associated with the investment options can vary significantly within each particular investment category, and the relative risk of categories may change under certain economic conditions. For a more complete discussion of risk associated with the mutual fund options, please read the prospectuses before making your investment decision. The spectrum does not represent actual or implied performance.

Investment Options

Before investing in any mutual fund, please carefully consider the investment objectives, risks, charges and expenses. For this and other information, call Fidelity at 1-800-343-0860 or visit www.fidelity.com/atwork for a free prospectus. Read it carefully before you invest.

Lifecyle Funds

LIFECYCLE FUNDS

Fidelity Freedom Income Fund®

Fidelity Freedom 2000 Fund®

Fidelity Freedom 2005 Fund®

Fidelity Freedom 2010 Fund®

Fidelity Freedom 2015 Fund®

Fidelity Freedom 2020 Fund®

Fidelity Freedom 2025 Fund®

Fidelity Freedom 2030 Fund®

Fidelity Freedom 2035 Fund®

Fidelity Freedom 2040 Fund®

Fidelity Freedom 2045 Fund®

Fidelity Freedom 2050 Fund®

What they are: The Fidelity Freedom Funds are investment options that allow the investor to select the fund that best matches his or her expected retirement year. The Fidelity Freedom Funds invest in a diversified portfolio of other Fidelity mutual funds to provide moderate asset allocation. They are designed for investors who want a simple yet diversified approach to investing for their retirement. The allocation strategy for the underlying equity, fixed-income, and short-term mutual funds is based on the number of years until the Freedom funds reach their target retirement dates. Each Freedom fund with a target retirement date will gradually adopt a more conservative asset allocation as it approaches its target retirement date. Therefore, each fund's target asset allocation percentages will change over time to become more conservative, by gradually reducing allocations to equity funds and increasing allocations to fixed-income and short-term funds. The Fidelity Freedom Income Fund®, designed for those already in retirement, emphasizes fixed-income and short-term mutual funds and seeks to maintain a stable asset allocation from year to year.

Goal: The Fidelity Freedom Funds with target retirement dates seek to provide high total returns until the target retirement date. Thereafter, each fund's goal will be to seek high current income and, as a secondary objective, capital appreciation. The Freedom Income Fund seeks high current income and, secondarily, capital appreciation.

What they invest in: Each Freedom fund invests in a diversified portfolio of Fidelity equity, fixed-income, and short-term mutual funds. Fidelity Freedom 2050 Fund®, with the longest time horizon, invests primarily in equity mutual funds to take advantage of potentially greater growth opportunities. The asset mix of each Freedom fund with a target retirement date (Fidelity Freedom Income Fund®, Fidelity Freedom 2000 Fund®, Fidelity Freedom 2015 Fund®, Fidelity Freedom 2010 Fund®, Fidelity Freedom 2015 Fund®, Fidelity Freedom 2015 Fund®, Fidelity Freedom 2010 Fund®, Fide Freedom 2025 Fund®, Fidelity Freedom 2030 Fund®, Fidelity Freedom 2035 Fund®, Fidelity Freedom 2040 Fund®, Fidelity Freedom 2045 Fund®, Fidelity Freedom 2050 Fund®) will gradually become more conservative over time so investors can stay with the same fund before and during retirement. After reaching the target retirement date, these Freedom funds continue to be managed more conservatively for 10 to 15 more years until their asset mix is approximately the same as Freedom Income Fund. Ultimately, after notifying the funds' investors, the funds will merge into the Freedom Income Fund. The Freedom Income Fund, designed for those already retired, is invested more conservatively, with a larger percentage in fixed-income and short-term funds and has a smaller percentage of equity mutual funds. The funds' manager must invest in the group of underlying funds named in the prospectus, and will aim for the projected target asset allocation percentages announced to investors in the funds' annual and semiannual reports. Freedom funds with target retirement dates may invest in domestic and foreign equity funds, high yield and investment grade fixed-income funds, and short-term funds. The Freedom Income Fund invests in domestic equity funds, investment grade fixed-income funds, high yield bond funds and short-term funds. These funds are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Share price and return of each Freedom fund will vary.

Who might want to invest:

- Someone who wants a simple approach for choosing retirement investment options.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wishes to take advantage of a diversified portfolio of well-established, actively-managed Fidelity funds.

Fidelity Freedom Income Fund®

Fund code: 00369
Ticker symbol: FFFAX

What it is: An asset allocation mutual fund.

Goal: Seeks to provide high current income and, as a secondary objective, some capital appreciation for those already in retirement.

What it invests in: Primarily invests approximately 35% in investment grade fixed income funds, 5% in high yield fixed income funds, 40% in short-term mutual funds and 20% in domestic equity funds. Share price and return will vary.

Who might want to invest:

- Someone who is already in retirement.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2000 Fund®

Fund code: 00370
Ticker symbol: FFFBX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 23% in domestic equity funds, 33% in investment grade fixed income funds, 5% in high yield fixed-income funds and 40% in Fidelity short-term mutual funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2005 Fund®

Fund code: 01312 Ticker symbol: FFFVX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 38% in domestic equity funds, 8% in international equity funds, 33% in investment grade fixed income funds, 5% in high yield fixed income funds and 15% in Fidelity short-term mutual funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and money market short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

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Fidelity Freedom 2010 Fund®

Fund code: 00371 Ticker symbol: FFFCX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 40% in domestic equity funds, 10% in international equity funds, 35% in investment grade fixed income funds, 5% in high yield fixed income funds and 10% in Fidelity short-term mutual funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2015 Fund®

Fund code: 01313 Ticker symbol: FFVFX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 42% in domestic equity funds, 11% in international equity funds, 34% in investment grade fixed income funds, 5% in high yield fixed income funds, and 8% in Fidelity short-term mutual funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2020 Fund®

Fund code: 00372 Ticker symbol: FFFDX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 52% in domestic equity funds, 13% in international equity funds, 26% in investment grade fixed income funds, 7% in high yield fixed income funds, and 2% in Fidelity short-term mutual funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2025 Fund®

Fund code: 01314

Ticker symbol: FFTWX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 56% in domestic equity funds, 14% in international equity funds, 22% in investment grade fixed income funds, and 8% in high yield fixed income funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of fixed-income and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2030 Fund®

Fund code: 00373
Ticker symbol: FFFEX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 63% in domestic equity funds, 16% in international equity funds, 13% in investment grade fixed income funds and 8% in high yield fixed income funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2035 Fund®

Fund code: 01315 Ticker symbol: FFTHX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 66% in domestic equity funds, 17% in international equity funds, 10% in investment grade fixed income funds and 8% in high yield fixed income funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2040 Fund®

Fund code: 00718
Ticker symbol: FFFFX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 68% in domestic equity funds, 17% in international equity funds, 6% in investment grade fixed income funds and 9% in high yield fixed income funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2045 Fund®

Fund code: 01617 Ticker symbol: FFFGX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 68% in domestic equity funds, 17% in international equity funds, 5% in investment grade fixed income funds and 10% in high yield fixed income funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Total allocations may sometimes be over or under 100% due to rounding.

Fidelity Freedom 2050 Fund®

Fund code: 01618

Ticker symbol: FFFHX

What it is: An asset allocation mutual fund.

Goal: Seeks high total return until its target retirement date. Thereafter, the fund's objective will be to seek high current income and, as a secondary objective, capital appreciation.

What it invests in: Primarily invests approximately 70% in domestic equity funds, 20% in international equity funds, and 10% in high yield fixed income funds. The mix of underlying Fidelity mutual funds will gradually become more conservative over time. Share price and return will vary.

Who might want to invest:

- Someone who feels comfortable with the risk of stock mutual funds when further from retirement and a greater concentration of bond and short-term mutual funds when closer to or in retirement.
- Someone who wishes to take advantage of a diversified portfolio of actively managed Fidelity funds.
- Someone who wants a long-term investment strategy that changes over time as his or her target retirement date approaches.
- Someone who wants a simple approach for choosing retirement investment options.

Fidelity Freedom Funds® are subject to the volatility of the financial markets in the U.S. and abroad and may be subject to the additional risk associated with investing in high yield, small cap, and foreign securities. Strategic Advisers, Inc., a subsidiary of FMR LLC, manages the Fidelity Freedom Funds®. The percentages represent anticipated target asset allocation at March 31, 2009. Total allocations may sometimes be over or under 100% due to rounding.

Core Investment Options

MONEY MARKET

Fidelity Cash Reserves Fund code: 00055 Ticker symbol: FDRXX

What it is: A money market mutual fund.

Goal: Seeks to provide as high a level of current income as is consistent with the preservation of capital and liquidity.

What it invests in: Primarily invests in U.S. dollar-denominated money market securities, including U.S. Government securities, and repurchase agreements, and enters into reverse repurchase agreements. The fund invests more than 25% of its assets in the financial services industry. An investment in this portfolio is not guaranteed or insured by the FDIC or any other government agency. Although this money market fund seeks to preserve the value of your investment at \$1 per share, it is possible to lose money by investing in this fund. Yield will vary.

Who might want to invest:

- Someone who may need to use this portion of his or her money soon (for retirement income, for example), and who is looking for the value of his or her investment to stay stable.
- Someone with an aggressive portfolio who wants to help balance his or her overall investment strategy.

BOND

Fidelity U.S. Bond Index Fund

Fund code: 00651
Ticker symbol: FBIDX

What it is: An income mutual fund.

Goal: Seeks to provide investment results that correspond to the total return of the bonds in the Barclays Capital U.S. Aggregate Bond Index. **What it invests in:** Primarily invests at least 80% of its assets in bonds included in the Barclays Capital U.S. Aggregate Bond Index. In general, bond prices rise when interest rates fall, and vice versa. This effect is usually more pronounced for longer-term securities. Share price and return will vary.

Who might want to invest:

- Someone who hopes to match the performance of the overall bond market as measured by the Barclays Capital U.S. Aggregate Bond Index.
- •Investors who are looking for a higher return than a money market fund, and who are willing to accept the greater investment risk of bonds of companies and government agencies.

The Barclays Capital U.S. Aggregate Bond Index is an unmanaged market value-weighted index of investment-grade fixed-rate debt issues, including government, corporate, asset-backed, and mortgage-backed securities, with maturities of one year or more.

BALANCED/HYBRID

Fidelity Balanced Fund

Fund code: 00304

Ticker symbol: FBALX

What it is: A balanced mutual fund.

Goal: Seeks to provide income and capital growth consistent with reasonable risk.

What it invests in: Primarily invests 60% of its assets in stocks and other equity securities, and the remainder in bonds and other debt securities, including lower-quality debt securities, when the outlook for the markets is neutral. Lower-quality debt securities involve greater risk of default or price changes due to potential changes in the credit quality of the issuer. The fund will invest at least 25% of its assets in fixed income senior securities (including debt securities and preferred stocks). The fund may invest in securities of domestic and foreign issuers. Share price and return will vary.

Who might want to invest:

- Someone who wants to invest in a fund that selects both stocks and bonds.
- Someone who wants the potential of both income and long-term growth, and who is willing to ride out the fluctuation of the stock market for the potential of a higher return.

DOMESTIC EQUITY LARGE VALUE

Fidelity Equity-Income Fund

Fund code: 00023 Ticker symbol: FEQIX

What it is: A growth and income mutual fund.

Goal: Seeks to provide reasonable income. In pursuing this objective, the fund will also consider the potential for capital appreciation. The fund seeks to provide a yield that exceeds the composite yield of the S&P 500° Index.

What it invests in: Primarily invests at least 80% of its assets in income-producing equity securities, which tends to lead to investments in large cap "value" stocks. The fund may potentially invest in other types of equity and debt securities, including lower-quality debt securities. Lower-quality debt securities involve greater risk of default or price changes due to potential changes in the credit quality of the issuer. The fund may invest in securities of domestic and foreign issuers. Share price and return will vary.

Who might want to invest:

- Someone who is looking for income from a fund invested in stocks and bonds.
- Someone who wants to invest in the stock market for its long-term growth potential.

The S&P 500® Index is a registered service mark of The McGraw-Hill Companies, Inc., and has been licensed for use by Fidelity Distributors Corporation and its affiliates. It is an unmanaged index of the common stock prices of 500 widely held U.S. stocks that includes the reinvestment of dividends.

DOMESTIC EQUITY LARGE BLEND

Neuberger Berman Socially Responsive Fund Investor Class

Fund code: 47838

Ticker symbol: NBSRX

What it is: A growth mutual fund.

Goal: To provide long-term growth of capital.

What it invests in: Primarily common stocks of value companies that meet both the fund's social policy and financial criteria. The managers initially screen companies using value investing criteria. Among companies that meet these criteria, they look for companies that show leadership in major areas of social impact, such as the environment, workplace and community. They also consider companies' records in other areas, such as public health and the impact of their products. Share price and return will vary.

Who might want to invest:

- Someone who is committed to the fund's socially responsible investment criteria.
- Someone looking for long-term capital growth.

Managed by Neuberger Berman Management Inc., which provided the description for this fund.

Spartan® U.S. Equity Index Fund Investor Class

Fund code: 00650
Ticker symbol: FUSEX

What it is: An index mutual fund.

Goal: Seeks to provide investment results that correspond to the total return (i.e., the combination of capital changes and income) performance of common stocks publicly traded in the United States.

What it invests in: Normally invests at least 80% of its assets in common stocks included in the S&P 500® Index, which broadly represents the performance of common stocks publicly traded in the United States. Share price and return will vary.

Who might want to invest:

- Someone who wants to pursue long-term growth through a portfolio of securities that broadly represent the stock market as measured by the S&P 500® Index.
- Someone willing to ride out stock market fluctuations for potentially high long-term return.

The S&P 500® Index is a registered service mark of The McGraw-Hill Companies, Inc., and has been licensed for use by Fidelity Distributors Corporation and its affiliates. It is an unmanaged index of the common stock prices of 500 widely held U.S. stocks that includes the reinvestment of dividends.

DOMESTIC EQUITY SMALL BLEND

Fidelity Small Cap Stock Fund

Fund code: 00340 Ticker symbol: FSLCX

What it is: A growth mutual fund.

Goal: Seeks to provide long-term growth of capital.

What it invests in: Primarily invests at least 80% of its assets in common stocks of companies with small market capitalizations (those with market capitalizations similar to companies in the Russell 2000® Index or the S&P SmallCap 600 Index). Investments in smaller companies may involve greater risk than those in larger, more well known companies. The fund may invest in securities of domestic and foreign issuers. If you sell your shares after holding them for less than 90 days, the fund will deduct a short-term trading fee from your account equal to 2% of the value of the shares sold. Share price and return will vary.

Who might want to invest:

- Someone who is comfortable with investing over the long term and with the higher investment risk investing in smaller companies generally involves, in exchange for offering greater potential for long-term reward.
- Someone who wants to focus on small-capitalization stocks in search of above-average returns.

The Russell 2000® Index is an unmanaged index composed of the 2,000 smallest securities in the Russell 3000® Index and includes reinvestment of dividends. The S&P SmallCap 600 Index is an unmanaged market capitalization-weighted index of 600 small company stocks.

DOMESTIC EQUITY LARGE GROWTH

Fidelity Blue Chip Growth Fund

Fund code: 00312 Ticker symbol: FBGRX

What it is: A growth mutual fund.

Goal: Seeks to provide growth of capital over the long term.

What it invests in: Primarily invests in common stocks of well-known and established companies. Normally invests at least 80% of its assets in blue chip companies (those with a market capitalization of at least \$200 million if the company's stock is included in the S&P 500® Index or the Dow Jones Industrial Average, or \$1 billion if not included in either index). The fund may also invest in companies that the manager believes have above-average growth potential. The fund may invest in securities of domestic and foreign issuers. Share price and return will vary.

Who might want to invest:

- Someone interested in stocks of "household name" companies and established companies with strong earnings and future growth potential.
- Someone who wants the potential for long-term growth, and who is willing to ride out the fluctuation of the stock market for the potential of a higher return.

The Dow Jones Industrial Average is an unmanaged index composed of common stocks of major industrial companies, and assumes reinvestment of dividends. The S&P 500® Index is a registered service mark of The McGraw-Hill Companies, Inc., and has been licensed for use by Fidelity Distributors Corporation and its affiliates. It is an unmanaged index of the common stock prices of 500 widely held U.S. stocks that includes the reinvestment of dividends.

Fidelity *Contrafund*® Fund code: 00022

Ticker symbol: FCNTX

What it is: A growth mutual fund.

Goal: Seeks to provide capital appreciation.

What it invests in: Primarily invests in common stocks. The fund may invest in securities of domestic and foreign issuers whose value the fund's manager believes is not fully recognized by the public. The fund may invest in "growth" or "value" stocks, or both. Share price and return will vary.

Who might want to invest:

- Someone interested in reaping the possible benefits of investing in companies that are currently out of favor with investors but that show
 potential for improvement.
- Someone who wants the potential for long-term growth, and who is willing to ride out the fluctuation of the stock market for the potential of a higher return.

DOMESTIC EQUITY MID GROWTH

Fidelity Mid-Cap Stock Fund

Fund code: 00337 Ticker symbol: FMCSX

What it is: A growth mutual fund.

Goal: Seeks to provide long-term growth of capital.

What it invests in: Primarily invests at least 80% of its assets in common stocks of companies with medium market capitalizations (those with market capitalizations similar to companies in the Russell Midcap® Index or the S&P MidCap 400 Index). The fund may potentially invest in companies with smaller or larger market capitalizations. Investments in mid-sized companies may involve greater risk than those of larger, more well known companies, but may be less volatile than investments in smaller companies. The fund may invest in securities of domestic and foreign issuers. If you sell any of your shares after holding them for less than 30 days, the fund will deduct a short-term trading fee from your account equal to 0.75% of the value of the shares sold. Share price and return will vary.

Who might want to invest:

- Someone whose money will be invested over the long term, and who is comfortable with the fluctuation of investing in the stock market.
- Someone who wants to focus on medium-capitalization stocks in search of above-average returns.

The Russell Midcap® Index is an unmanaged market capitalization-weighted index of medium-capitalization U.S. company stocks. The S&P MidCap 400 Index is an unmanaged market capitalization-weighted index of 400 medium-capitalization stocks.

INTERNATIONAL/GLOBAL EQUITY

Fidelity Diversified International Fund

Fund code: 00325 Ticker symbol: FDIVX

What it is: A growth mutual fund that invests internationally.

Goal: Seeks to provide capital growth.

What it invests in: Primarily invests in common stocks of foreign companies. Foreign investments, especially those in emerging markets, involve greater risk and may offer greater potential returns than U.S. investments. This risk includes political and economic uncertainties of foreign countries, as well as the risk of currency fluctuation. If you sell your shares after holding them for less than 30 days, the fund will deduct a short-term trading fee from your account equal to 1% of the value of the shares sold. Share price and return will vary.

Who might want to invest:

- Someone who wants to complement the performance of U.S. investments with that of investments outside the U.S., which may behave quite differently.
- Someone who is comfortable with the high investment risk and potential rewards involved in investing overseas, as well as with the investment risk involved in any growth mutual fund.

Mutual Global Discovery Fund Class Z

Fund code: 45740 Ticker symbol: MDISX

What it is: A global growth mutual fund. Goal: Seeks to provide capital growth.

What it invests in: Primarily invests in common and preferred stocks, and debt securities (bonds) of domestic and foreign companies that are believed to be undervalued. Investments include stocks of smaller companies, and companies involved in mergers, consolidations, liquidations, and reorganizations. The stocks of such companies may have abrupt or erratic price movements. The fund may also invest in lower-rated bonds (often referred to as "junk bonds"), which may involve greater risks. The fund expects to invest approximately 50% of its assets in foreign securities. Foreign investments involve greater risk and may offer greater potential returns than U.S. investments. These risks include political and economic uncertainties of foreign countries, as well as the risk of currency fluctuations. Investments in smaller companies may involve greater risk than those in larger, better-known companies. Share price and return will vary.

Who might want to invest:

- Someone who will be invested in the fund for the long term (five years or more) and who is willing to ride out short-term stock market changes to try to achieve potentially higher long-term returns.
- Someone who wants to focus on small-capitalization stocks in search of above-average returns.

Managed by Franklin Mutual Advisers, LLC., which provided the description for this fund.

Fidelity Investments 403(b) Beneficiary Designation

1. GENERAL INSTRUCTIONS

This form is for plans that DO NOT require spousal consent for a beneficiary designation.

Please complete this form and sign it on the back. In the future, you may revoke the beneficiary designation and designate a different beneficiary by submitting a new Beneficiary Designation Form to Fidelity.

Mailing instructions:

Return this form in the enclosed postage-paid envelope or to

Fidelity Investments, P.O. Box 770002, Cincinnati, OH 45277-0090

If you wish to send your form via overnight service, please send it to

Fidelity Investments, Mailzone KC1E, 100 Crosby Parkway, Covington, KY 41015

Questions? Call Fidelity Investments at **1-800-343-0860**, Monday through Friday, from 8:00 A.M. to midnight ET, or visit us at www.fidelity.com/atwork.

2. DESIGNATING YOUR BENEFICIARY(IES)

You are not limited to two primary and two contingent beneficiaries. To assign additional beneficiaries, or to make a more complex beneficiary designation, please attach, sign, and date a separate piece of paper.

When designating primary and contingent beneficiaries, please use whole percentages and be sure that the percentages for each group of beneficiaries total 100%. Your primary beneficiary cannot be your contingent beneficiary. If you designate a trust as a beneficiary, please include the date the trust was created, and the trustee's name.

Unless otherwise specified by your plan, if more than one person is named and no percentages are indicated, payment will be made in equal shares to your primary beneficiary(ies) who survives you. If a percentage is indicated and a primary beneficiary(ies) does not survive you, the percentage of that beneficiary's designated share shall be divided among the surviving primary beneficiary(ies) in proportion to the percentage selected for them.

3. AUTHORIZATION

Please provide your signature.

Fidelity Investments Institutional Operations Company, Inc.



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Fidelity Investments 403(b) Beneficiary Designation 1. YOUR INFORMATION

Please use a black pen and print clearly in CAPITAL LE	ΓTERS.			
Social Security #:	Date of Birth:			
First Name:				
Last Name:				
Mailing Address:				
Address Line 2:				
City:	State:			
Zip:				
Daytime Phone:	Evening Phone:			
Name of Employer:	Plan Number (if known):			
I am: Single OR Married Nam	ne of Site/Division:			
2. DESIGNATII	NG YOUR BENEFICIARY(IES)			
Please check here if you have more than	two primary or contingent beneficiaries.			
Primary Beneficiary(ies) I hereby designate the person(s) named below as primary the plan upon my death.	y beneficiary(ies) to receive payment of the value of my account(s) under			
1. Individual or Trust Name:	Percentage: %			
Social Security #:	Trust ID #:			
Date of Birth or Trust Date:	Relationship to Applicant:			
	Spouse OR Trust OR Other			
2. Individual or Trust Name:	Percentage: %			
Social Security #:	Trust ID #:			
Date of Birth or Trust Date: Relationship to Applicant:				
Date of Birth or Trust Date:				

2. DESIGNATING YOUR BENEFICIARY(IES) (CONTINUED)

Contingent Beneficiary(ies)

If there is no primary beneficiary living at the time of my death, I hereby specify that the value of my account is to be distributed to my contingent beneficiary(ies) listed below. **Please note:** Your primary beneficiary cannot be your contingent beneficiary.

1.	Individual or Trust Name:					Percentage:		%
	Social Security #:		Trus	t ID#:				
	Date of Birth or Trust Date:	Relationship	o to Ap	plicant:				
		Spouse	OR	Trust	OR	Other		
2.	Individual or Trust Name:					Percentage:		%
	Social Security #:		Trus	t ID#:				
	Date of Birth or Trust Date:	Relationship	o to Ap	plicant:				
		Spouse	OR	Trust	OR	Other	Total = 10	0%
Ра	yment to contingent beneficiary(ies) will be made acco						tions.	
	3. SIGNATU dividual Authorization: By executing this form	RE AND	AUII	HORIZA	HON	1		
•] •]	I certify under penalties of perjury that my Social Secular am aware that the beneficiary information included in effect until I deliver another completed and signed Ben I am aware that the beneficiary information provided here of the fidelity Management Trust Company (FMTC Accounts or trust agreement in effect between FMTC and I previous designation(s) I have made on any of my Accounts of the fidelity Management Trust Company (FMTC and I previous designation(s) I have made on any of my Accounts of the fidelity Management Trust Company (FMTC and I previous designation(s) I have made on any of my Accounts of the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are which is a second to the fidelity Management Trust Company (FMTC are whi	n this form be eficiary Desig erein shall app (or its affiliand and my Employ	comes nation bly to a tes and	effective wl Form to Fi ll my Fideli l/or any suc	nen de delity ty Acc cessor	elivered to Fidelity with a later date. counts under the pl appointed pursua	lan listed in nt to the teri	Section 1 ms of such
Yo	our Signature:			Dat	:e:			



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FIDELITY INVESTMENTS

P.O. BOX 5000

CINCINNATI, OH 45273-8686

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Transfer/Rollover/Exchange Form Instructions

Reference the instructions below while completing the form. For additional assistance, please contact Fidelity Investments at 1-800-343-0860 or for the hearing impaired (TTY) 1-800-259-9743, Monday through Friday, 8 a.m. to midnight Eastern time (except for New York Stock Exchange holidays).

1. YOUR INFORMATION

Please provide your information in this section.

2. INVESTMENT PROVIDER YOU ARE MOVING MONEY FROM

Please review your most recent statement for this name and address, and include a copy of the statement with this form. **Please contact your previous investment provider to see if additional paperwork is required.**

3. ACCOUNT(S) OR CONTRACT(S) TO MOVE

Account or Contract Number: This number is available on your Previous Investment Provider account statement. If you are unable to locate this number on your statement, please contact the Investment Provider. If you do not provide an account or contract number, we will use your Social Security number or U.S. Tax Identification number to request the assets to be moved.

Type of Account or Contract: If you are unsure of the type of account or contract, please contact the Previous Investment Provider or refer to your statement. Select at least one.

The Account or Contract Number above is from: Please see the descriptions below that relate to each of the four transactions. If you choose "A Previous Employer," provide the name of that employer.

The Same Employer as my Employer Plan with Fidelity. Movement of assets from 403(b) to 403(b) will be requested as a vendor or contract exchange. Movement of money between the same plan types, excluding 403(b) plans (401(a) to 401(a), 401(k) to 401(k), 457(b) to 457(b)), will be requested as an in-plan transfer. Movement of money between different plan types will be requested as a Rollover.

A Previous Employer. For 403(b) and 401(a)/(k) plans, this is a Rollover transaction. For governmental 457(b) plans, this is a rollover unless Fidelity receives direction to process as a transfer.

A Rollover IRA. This is a Rollover transaction. After-tax value may not be rolled from an IRA.

A Traditional IRA or SEP IRA. This is a Rollover transaction. Roth IRAs and Coverdell IRAs cannot be accepted.

Liquidation Amount: Specify the amount of money you want moved to your Fidelity account. If you choose "Full Liquidation/100%," Fidelity will request your full balance. If you choose "Partial Liquidation," Fidelity will request the dollar amount or percentage you specify. **If you do not specify an amount, Fidelity will move/liquidate 100%.** If you are moving 457(b) assets, please be aware that governmental 457(b) assets must be moved into a governmental 457(b) plan, and nongovernmental 457(b) assets must be moved into a nongovernmental 457(b) plan. Transfers from nongovernmental 457(b) plan are not provided for on this form. Talk with your plan sponsor or call Fidelity to discuss transfers from nongovernmental 457(b) plans. Rollovers from 403(b) plans, 401(a)/401(k) plans, and IRAs to governmental 457(b) plans must be recordkept in separate rollover sources to limit the distributions that may be subject to a 10% early distribution penalty.

4. YOUR FIDELITY ACCOUNT INFORMATION

If you do not have a retirement account with Fidelity for the employer listed here, you must complete the enrollment process. For help with enrollment, please contact Fidelity at 1-800-343-0860.

Employer sponsoring your Fidelity retirement account: The employer name appears on your Fidelity account statement or in your enrollment paperwork.

Plan Type with this employer: This information is required to ensure that Fidelity credits your assets to the proper account. Please contact Fidelity at 1-800-343-0860 or for the hearing impaired (TTY) 1-800-259-9743 if you do not know your type of account.

Plan Number: Please provide the Plan Number if you have multiple retirement plan accounts with Fidelity. Please contact Fidelity at 1-800-343-0860 to obtain the Plan Number.



5. INVESTMENT INSTRUCTIONS

Would you like the assets invested in your current investment selection? If "Yes" is selected, your assets will be allocated to your current investment selection on file with Fidelity. If you do not select "Yes," please list the fund names, fund codes (if known) and percentages. **Please ensure that the percentages equal 100%.** Please list additional funds on a separate page and attach it to this form.

Fund Name: List the Fund Name(s) you want your assets credited to.

Fund Code: Provide the four-digit Fund Code(s) (if known). **Percentage:** Please ensure that the percentages listed equal 100%.

Note: If the funds selected are unclear, unavailable, or less than 100%, the percentages allocated to those funds and/or any unallocated percentage will be defaulted to the investment option specified in the agreement currently in place with Fidelity for the Plan. If the percentages listed exceed 100%, the entire amount will be defaulted, as described above.

6. EMPLOYER PLAN ACCEPTANCE

Employer Authorized Signature: An authorized signature from the employer that sponsors your Fidelity retirement account **may** be required. To verify if this section needs to be signed, contact your Human Resources office or Fidelity at 1-800-343-0860 or for the hearing impaired (TTY) 1-800-259-9743.

7. YOUR SIGNATURE

Your Signature: Please read the legal information provided in this section and then sign the form. We are unable to process your request without your signature.

Transfer/Rollover/Exc	change Form Checklist:					
Here is a checklist to ensure that your request is in good or	der.					
Please remember to:						
☐ Include your most recent account statement fro	m the Previous Investment Provider					
☐ Indicate the amount or percentage of money yo	u are moving to Fidelity					
Obtain the Employer Authorized Signature (con is required)	Obtain the Employer Authorized Signature (contact your Human Resources office or Fidelity to verify if this is required)					
☐ Sign in Section 7 of the form						
☐ Return this form in the enclosed postage-paid e	nvelope OR					
Return to:	If you are sending this using an overnight delivery service, please send to this address:					
Fidelity Investments	Fidelity Investments					
P.O. Box 770002 Cincinnati, OH 45277-0090	100 Crosby Parkway, Mailzone KC1E Covington, KY 41015					
Please contact your previous investment provider to see	if additional paperwork is required.					

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Transfer/Rollover/Exchange Form

Instructions: Use this form to move assets to your Fidelity employer-sponsored retirement account from a previous investment provider. You may also use this form to consolidate multiple employer-sponsored retirement accounts currently at Fidelity. If you do not have a retirement account with Fidelity, you must also complete an Account Application/Enrollment Form or when available enroll online at www.mysavingsatwork.com. If your current employer does not offer a retirement plan record kept by Fidelity, your employer needs to establish a retirement plan prior to your vendor or contract exchange, or rollover to a Fidelity account. An incomplete form may delay the processing of your request. Use a separate form for each investment provider.

Unless otherwise instructed by your employer, please return this vendor or contract exchange/rollover form in the postage-paid envelope provided OR

Return to:

Fidelity Investments P.O. Box 770002 Cincinnati, OH 45277-0090 If you are sending this using an overnight delivery service, please send to this address:

Fidelity Investments 100 Crosby Parkway, Mailzone KC1E Covington, KY 41015

Questions? Call Fidelity Investments at 1-800-343-0860 or for the hearing impaired (TTY) 1-800-259-9743, Monday through Friday, 8 a.m. to midnight Eastern time (except for New York Stock Exchange holidays), for assistance with completing this form.

1. YOUR INFORMATION Please use a black pen and print clearly in CAPITAL LETTERS. Date of Birth: Social Security #: First Name: Last Name: Mailing Address: City: Zip: **Evening Phone** Daytime Phone: E-mail: 2. INVESTMENT PROVIDER YOU ARE MOVING MONEY Name of investment provider you are moving money from Please include a copy of your most recent account statement from your investment provider. Provider Street Address: City: Zip: Provider Phone: Please contact your previous investment provider to see if additional paperwork is required. Use a separate form for each

investment provider.



3. ACCOUNT(S) OR CONTRACT(S) TO MOVE

Please provide information about the account(s)/contract(s) you wish to move to Fidelity. If no account or contract numbers are provided, we will use your Social Security or U.S. Tax ID number to request the assets to be moved. Please make additional copies of this page and the next page if you have more than two accounts/contracts to move.

3A. FIRST ACCOUNT (if more than one account, please complete section 3B in addition to section 3A).
1. Account/Contract #:
and Type: (select one) 403(b) Include Roth 403(b) balance 401(a)/(k) Include Roth 401(k) balance 457(b) governmental IRA
2. Please check the box that most accurately reflects the transaction that you are requesting. Note that your selection will dictate how we process this transaction. Please read Section 4 of the instructions for more details.
The Same Employer as my Employer Plan with Fidelity.
A Previous Employer. For 403(b) and 401(a)/(k) plans.
Previous Employer Name:
A Rollover IRA.
A Traditional IRA or SEP IRA.
3. Liquidation Amount Full Liquidation/100% Partial Liquidation % OR \$ (select one) Unless otherwise specified, I request the current investment provider to liquidate 100% of my account.
3B. SECOND ACCOUNT (if applicable).
1. Account/Contract #:
and Type: (select one) 403(b) Include Roth 403(b) balance 401(a)/(k) Include Roth 401(k) balance 457(b) governmental IRA
2. Please check the box that most accurately reflects the transaction that you are requesting. Note that your selection will dictate how we process this transaction. Please read Section 4 of the instructions for more details.
The Same Employer as my Employer Plan with Fidelity.
A Previous Employer. For 403(b) and 401(a)/(k) plans.
Previous Employer Name:
A Rollover IRA.
A Traditional IRA or SEP IRA.
3. Liquidation Amount Full Liquidation/100% Partial Liquidation % OR \$ (select one) Unless otherwise specified, I request the current investment provider to liquidate 100% only account.

4. YOUR FIDELITY ACCOUNT INFORMATION

If you do not have a retirement account through Fidelity for the employer listed below, or you do not know the plan number or type, please contact Fidelity at 1-800-343-0860. Employer sponsoring your Fidelity retirement account: (This name appears on your Fidelity statement, or in your enrollment paperwork.) Are you still employed with this Employer?: Yes No City & State of Employer: 4A. Fidelity Account Information for 3A. Plan Type: 403(b) 401(a)/(k) 457(b) governmental and Plan Number (if known) 4B. Fidelity Account Information for 3B. Plan Type: 403(b) 401(a)/(k) 457(b) governmental and Plan Number (if known) If there is a discrepancy between plan type and plan number, the plan type selected will be used. Yes Would you like the assets invested in your current investment selection? If no, specify below: Fund Name(s): **Fund Code:** Percentage: % % Total = 100% If no investment options are selected, if your investment instructions are incomplete, or if the percentages listed exceed 100%, your entire contribution will be defaulted to the investment option specified in the agreement currently in place with Fidelity for the Plan. If you select an invalid fund, the investment percentage for that fund will be defaulted, as described above. 6. EMPLOYER PLAN ACCEPTANCE An authorized signature from the employer that sponsors your Fidelity retirement account may be required. To verify if this section needs to be signed, contact your Human Resources office or Fidelity at 1-800-343-0860. Employer Authorized Signature: Employer Authorized Printed Name:



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7. YOUR SIGNATURE

By signing this form:

- I hereby direct the investment provider identified on this form in Section 2 to liquidate the designated amount of the account(s) listed on this form, and to release the proceeds to my account under my employer's plan, except to the extent my current employer or any of my former employers prohibit such release. In the event of such prohibition, I hereby direct said investment provider to retain the portion of my account(s) that cannot be released in a separate account or contract and to release the remainder.
- I hereby agree to the terms and conditions stated in this Form, including the instruction, and certify that I am requesting a vendor or contract exchange, in-plan transfer, or rollover, of my retirement plan assets in accordance with applicable IRS and plan rules.
- I certify under the penalties of perjury that my Social Security or U.S. Tax Identification number on this form is correct.
- · I certify that the information provided on this form is true, accurate, and complete to the best of my knowledge.
- I acknowledge that I have read the prospectus(es) for any mutual fund in which I invest and agree to the terms.
- I hereby agree that if my assets will be sent to Fidelity in installments, the first installment may be invested according to my instructions on this form. All subsequent installment payments as well as any residual balances not received within 30 days will be invested according to the investment elections currently in place with Fidelity for the Plan at the time my assets are received by Fidelity.

For 403(b)-to-403(b) vendor or contract exchanges

- I understand that any balances I am exchanging from a 403(b)(1) annuity into a 403(b)(7) custodial account may be subject to more restrictive withdrawal provisions.
- I understand that if I exchange a contribution source that is not allowed by the Plan, the value associated with the unacceptable source will be returned to the investment provider named in Section 2.
- I direct Fidelity to treat all monies as pretax contributions made subsequent to 12/31/88 unless my prior investment provider provides Fidelity with account balances as of 12/31/88 and post-1988 salary reduction contributions.
- I direct Fidelity to treat the entire balances as subject to minimum distribution requirements unless my prior investment provider provides Fidelity with account balances as of 12/31/86.
- I direct Fidelity to allocate the entire balance to the most restrictive source in the current employer's plan unless my prior investment provider provides Fidelity with the sources of the exchanged amount under the previous plan.

Your Signature:	Date:	



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The investment options available through the Plan reserve the right to modify or withdraw the exchange privilege. Unless otherwise noted, transaction requests confirmed after the close of the market, normally 4 p.m. Eastern time, or on weekends or holidays, will receive the next available closing price. This document provides only a summary of the main features of the State of Maryland - Institutions of Higher Education Optional Retirement Plan (ORP), and the Plan Document will govern in the event of discrepancies. Fidelity Management & Research Company manages Fidelity mutual funds.

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